



EYFS	Personal, Social and Emotional Development	30 – 50 months	Making Relationships	Demonstrates friendly behaviour, initiating conversations and forming good relationships with peers and familiar adults.
			Self-confidence and Self-awareness	Welcomes and values praise for what they have done. Enjoys responsibility of carrying out small tasks. Is more outgoing towards unfamiliar people and more confident in new social situations. Shows confidence in asking adults for help.
			Managing Feelings and Behaviour	Aware of own feelings, and knows that some actions and words can hurt others' feelings. Begins to accept the needs of others and can take turns and share resources, sometimes with support from others. Can usually tolerate delay when needs are not immediately met, and understands wishes may not always be met. Can usually adapt behaviour to different events, social situations and changes in routine.
		40-60 months	Making Relationships	Takes steps to resolve conflicts with other children, e.g. finding a compromise.
			Self-confidence and Self-awareness	Confident to speak to others about own needs, wants, interests and opinions. Can describe self in positive terms and talk about abilities.
			Managing Feelings and Behaviour	Understands that own actions affect other people, for example, becomes upset or tries to comfort another child when they realise they have upset them. Aware of the boundaries set, and of behavioural expectations in the setting. Beginning to be able to negotiate and solve problems without aggression, e.g. when someone has taken their toy.
		ELG	Making Relationships	Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.
			Self-confidence and Self-awareness	Children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.
			Managing Feelings and Behaviour	Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.
	Understanding the World	30 – 50 months	People and Communities	Shows interest in the lives of people who are familiar to them. Remembers and talks about significant events in their own experience. Recognises and describes special times or events for family or friends. Shows interest in different occupations and ways of life. Knows some of the things that make them unique, and can talk about some of the similarities and differences in relation to friends or family.
40 – 60 months		Enjoys joining in with family customs and routines.		
ELG		Children talk about past and present events in their own lives and in the lives of family members. They know that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.		

Throughout the year, children in Reception are given play-based opportunities linked to all areas of the curriculum, including PSED and UW. As PSED is a Prime Area, it threads through all that the children experience in both adult-led and child-choice learning opportunities. Staff support children to build positive relationships with adults and peers alike, managing conflict and learning to adhere to the behavioural expectations of the setting. In most topics, there is an additional focus on a particular area of PSED or UW as detailed below.

Autumn 1	Autumn 2	Spring 1	Spring 1	Spring 2	Spring 2	Summer 1	Summer 2	Summer 2
All about me Focus on what makes us special, family members, how we have grown and changed.	Sparkle & shine Focus on celebrations from different faiths and cultures: how are we different and how are we similar.	Superheroes Focus on what makes us special and how we show our feelings.	Arctic How do people in very cold areas live differently from us?	Dinosaurs	Pets Focus on how we look after animals.	Julia Donaldson Focus on emotions and relationships linked to the stories read.	Minibeasts Focus on the world around us and how we can care for the environment.	Under the sea Focus on the world around us and how we can care for the environment.

	2-Year cycle	Autumn Term	Spring Term	Summer Term
	Cycle A	<p>All about me</p> <p>TEAM (Together Everyone Achieves More) Children learn about the importance of being kind to others, the effects of bullying and teasing and what to do about it if they see it happening, or it happens to them. They will also think about effective learning skills and how to identify good and not-so-good choices.</p> <p>Think Positive The children are given opportunities to recognise, talk about and accept their feelings, both positive and negative, as well as how to manage certain emotions. The lessons support themes of thinking positively and calmly, making good decisions and developing resilience. The children are also encouraged to explore the positive feelings associated with being thankful, grateful and mindful.</p>	<p>Sensational Safari</p> <p>Aiming High Children learn about having high aspirations. They will start by discussing positive views of themselves and will then identify how having a positive learning attitude can help them tackle and achieve new learning challenges and improve learning outcomes. Opportunities will also be provided for children to share aspirations for the future, with regard to employment and personal goals. Through this learning, different jobs and roles will be considered. In doing this, some of the difficulties faced by stereotyping will be explored. Children will also have the opportunity to discuss what they are looking forward to about their learning for the rest of the year.</p> <p>Respecting Rights This unit is based on the concept that we should all be rights-respecting citizens in our communities. It is inspired by the fact that all people have rights that are shared and that it is important for us all to respect these rights. It aims to enable the children to explore the concepts of difference and fairness and encourages them to reflect on how we should behave towards those who are different from us and why it is important to be fair. In this unit, children also learn about who helps us to protect our rights and what we can do if we don't feel safe. They will also reflect on how they can take part in the school community and why it is good to do what we can to make a positive difference.</p>	<p>Rescuers and Explorers</p> <p>It's My Body The lessons look at key areas where children can make safer choices: their body, sleep and exercise, diet, cleanliness and substances. Children will learn facts about each of these areas and learn strategies to manage them. The message of choice and consent runs through the unit and children are encouraged to get help from trusted adults when necessary.</p> <p>One World We can benefit from learning about people living in different places to us and their ways of life. It aims to enable the children to explore their own family life, home and school and compare these to children's family life, homes and school from around the world which are different from their own. In this unit, children also learn about the relationship between people and their environment and how this affects their way of life. They will also learn about how people use the earth's resources and the importance of protecting the earth for ourselves and future generations and how we can work together to do this.</p>

	<p>Cycle B</p>	<p>The Big Build</p> <p>Britain Children learn that individuals can have a positive impact on groups and communities to which they belong. It aims to enable the children to identify that they belong to various groups and communities and ways in which they contribute positively to these. In this unit, children learn about community, being good neighbours and looking after the environment. They will also learn about Britain, what it means to be British, about diversity and the importance of celebrating and being respectful of our differences.</p> <p>Safety First In this unit of work, children will learn about everyday dangers, in the home and outside and how they can keep themselves safe. Children will also learn about the Internet and how to stay safe online. They will be taught about the Underwear Rule, which includes information about appropriate and inappropriate touching and knowing that what is inside their underwear is private. Children will also learn about people who help them and how to get help when needed, as well as their growing responsibility for their own safety.</p>	<p>Travel and Transport</p> <p>Be Yourself Having confidence to 'be yourself' can have a positive impact on mental health and emotional wellbeing. This unit aims to enable children to recognise their positive qualities and appreciate their individuality. They are encouraged to recognise different emotions and explore different strategies to help them manage any uncomfortable feelings they experience. They will learn about how big life changes impact on feelings and emotions and explore the importance of sharing their thoughts and feelings.</p> <p>Growing Up This topic is an introduction to how we grow and change, both physically and emotionally. Children will learn about their own and others' bodies, looking at similarities and differences in people and learning about gender stereotypes. They will also learn about respecting their own and others' bodies, keeping their bodies safe and sharing their feelings in response to life experiences.</p>	<p>Under the Sea</p> <p>Money matters The children are encouraged to think about where money comes from and how it can be used. Children will discuss the idea of spending and saving their money and begin to understand why it is important to keep belongings, including money, safe. They will also learn about the different things on offer when they go shopping and how we need to identify the difference between what we want and what we need.</p> <p>VIPs This unit explores the Very Important Persons (VIPs) in the children's lives and the ways in which they can develop positive relationships with them. It enables them to identify what makes someone a special person in their life and who these are. They are also encouraged to explore why families and friendships are important and understand that although these units are different for everyone, there are things they can do to resolve differences and build healthy and positive relationships within them. This unit also teaches the children the importance of cooperation and how to show the special people in their lives that they care and the positive impact of doing this.</p>
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Cycle A

Prehistoric Britain**TEAM (Together Everyone Achieves More)**

Children explore that if a class team works well together, it has a positive impact on all of its members and what they can achieve. It aims to enable the children to identify the impact their actions have on the team they are working in. In this unit, children learn about successful teamwork skills, being considerate of others in the team and how to positively resolve any conflicts that occur. They will also learn about their individual responsibilities towards teams they work in and how new starts, such as starting a new school year, may feel and how they can support each other in this.

Think Positive

The children build on what they have already learnt about feelings, both positive and negative and how our attitude towards life can affect our mental health. The lessons centre around themes such as thinking positively and calmly, managing difficult emotions, taking responsibility for decisions and developing a growth mindset approach to learning.

Around the world in 80 days**Aiming High**

The children focus on goals and aspirations. They will start by discussing achievements they have accomplished so far and the type of attitude that helps us succeed. They will identify ways of applying a growth mindset to new challenges and learn about the importance of resilience. Opportunities will also be provided for children to share aspirations for the future, with regard to employment and personal goals, and through this learning they will consider different jobs and roles. In doing this we will explore some of the difficulties faced by stereotyping. Children will also have the opportunity to think further about the specific skills they might wish to develop in order to achieve their short, mid and long-term goals.

Respecting Rights

The children learn about the concept that living as rights-respecting citizens is important. Lessons are inspired by human rights being shared by all people - no matter who they are or where they are from - and that these rights are there to protect all people, enabling them to live happy, safe, healthy and fulfilling lives. This unit helps children to understand that no one should take away their rights. It also helps children to explore the ideas of equality and discrimination and the consequences of both. In this unit, children learn about how they can make choices and take actions that respect the rights of others and challenge stereotypes. They will also learn about rules - why we have them and how they help us.

Look what they left behind**It's My Body**

Children explore the choices they can make about looking after their bodies. The lessons look at making safer choices about their bodies, sleep and exercise, diet, cleanliness and substances. Children will learn facts about each of these areas and learn strategies on how to manage them. The message of choice and consent runs through the unit and children are encouraged to get help from trusted adults when necessary.

One World

People's life experiences and opportunities differ throughout the world and our actions can have both positive and harmful effects on people living in different countries. This unit aims to enable the children to explore the concepts of inequality and stereotypes and encourages them to reflect on what they can do to help make the world a fairer place. Children also learn about climate change and its effects, fair trading practices and organisations which help people in need. They will also learn about how to be a good global citizen.

	<p>Cycle B</p>	<p>A place for everything</p> <p>Britain This unit is inspired by the idea that we live in a diverse, multicultural and democratic society and that this is important and brings many benefits. It aims to enable the children to identify that they should be respectful of difference. The children learn about British people, rules, the law, liberty and what living in a democracy means. They also learn about the importance of being tolerant of differences within their society.</p> <p>Safety First The children will consider what it means to take responsibility for their own safety. This will include the decisions they make and how they can stand up to peer pressure in a range of situations. They will learn about everyday risks, hazards and dangers and what to do in risky or dangerous situations. They will also learn about road safety and dangerous substances; drugs (including medicines), cigarettes and alcohol. Children will look at e-Safety, considering what should never be shared and how to report any concerns about online incidents.</p>	<p>Terrible Tudors</p> <p>Be Yourself Children explore the idea that it is important to have confidence to be yourself. They are given opportunities to identify their strengths and achievements as well as helping them to recognise different emotions they experience. In this unit, children will also explore how to express their thoughts and feelings respectfully and how to be assertive when in uncomfortable situations. The children will also have an opportunity to explore the influence of the media in how we view ourselves and analyse the reality of these messages. The unit ends with the children exploring how to make things right when we make mistakes and the importance of learning from these.</p> <p>Growing Up This topic builds on children's knowledge of the human body; how we grow and change, both physically and emotionally. Children will learn about their own and others' bodies and how male and female bodies play a part in human reproduction. They will also learn about different relationships and family structures.</p>	<p>Amazing Amazon</p> <p>Money matters The children think about where money comes from and how it can be used. They will discuss how we spend money, why people might need to borrow money and the consequences of this. They will begin to discuss the difference between things we want, things we need and how to prioritise our spending. Through this unit of learning, children will also consider what influences their spending and how we can keep track of what we spend.</p> <p>VIPs There is a focus on relationships we have with our VIPs. It will look at friendships, how friendships are formed and maintained, and the qualities of a good friend. The lessons will then move on to disputes and bullying and will address strategies for coping with each of these.</p>
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Cycle A

Greeks and Stars**TEAM (Together Everyone Achieves More)**

Learning focuses on the positive qualities of a team, learning how to disagree respectfully and communicate effectively. It looks at the key qualities and skills needed for a team to be successful. The lessons address collaborative learning and teach children how to compromise to ensure a group task is completed successfully. The unit ends by addressing the importance of caring for team members and the shared responsibilities a team has.

Think Positive

Children further develop their understanding about thoughts and emotions, both positive and negative. The lessons centre around themes such as: the links between our thoughts, feelings and emotions; making good choices; mindfulness and applying a growth mindset approach to life.

Mountain and Rivers**Aiming High**

The children focus on achievements, aspirations and opportunities. They start by discussing achievements they have accomplished so far and the type of attitude that helps us succeed. They also learn about their own personal preferred learning styles, to understand how they learn best. Children look at challenges people face and barriers to success, then think about strategies we can use to overcome such obstacles. They identify opportunities that are available to them now and those which may be available to them in the future. Stereotypes in the world of work will be addressed, as children are encouraged to consider jobs they would like to do and the skills needed to do those jobs. The children will also have the opportunity to reflect on their personal goals and the steps they can take to achieve these in the future.

Respecting Rights

The children learn that we can all make choices to live as rights-respecting citizens. It is inspired by human rights being shared by all people - no matter who they are or where they are from - and that these rights are there to protect all people, enabling them to live happy, safe and healthy lives. This unit helps children to understand that no one can take away their rights. It also aims to help the children to explore the ideas of equality and discrimination and the consequences of both. In this unit, children learn about how they can make choices and take actions which respect the rights of others. They will also learn about human rights activists and how they work to make the world a better place.

The Victorians**It's My Body**

In this unit of work, children will learn about how to take care of their bodies. This will involve learning about consent and autonomy, learning about body image and stereotypes and learning about substances which are harmful to our bodies. Children will also learn about the importance of sleep and keeping clean, especially as their bodies change during puberty. Lessons will explore the things that influence the way people think about their bodies, where different pressures can come from and how these pressures can be resisted. Throughout the unit, children will be encouraged to consider the choices they have and learn about the support that is available to them.

One World

We all have a responsibility to live as global citizens. Children explore the idea that we all have a responsibility to help the environment and all living things throughout the world through the choices we make. Lessons enable the children to explore the ideas of sustainability, the use of the earth's natural resources and the harmful effects of global warming. In this unit, children learn about the steps they can take to reduce these harmful effects. They will also learn about biodiversity and its importance and explore what they would like to do to make the world a better place.

	<p>Cycle B</p>	<p>War and Conflict</p> <p>Britain The children develop their understanding of the fact that Britain represents a wide range of faiths and ethnicities and that the structures within it are there to support all. It aims to enable the children to identify how they can make a positive contribution to the community. They learn about the law and the consequences of not respecting it. They will also learn about the workings of local and national government and the role of charities and voluntary groups in British society.</p> <p>Safety First The children consider what it means to take responsibility for their own safety, including the decisions they make and how they can stand up to peer pressure in a range of situations. They assess the risk associated with different situations and learn about what to do if they feel in danger. They will also learn about how to identify an emergency, what to do in this situation and how to get help when needed. Lessons look at e-Safety in detail, including social media, considering what should never be shared and how to report any concerns with incidents online.</p>	<p>Angry Earth</p> <p>Be Yourself We are all individuals and it is important to 'be yourself'. The children are encouraged to develop a positive view of themselves and are given opportunities that enable them to recognise the importance of being proud of their individuality. The children focus on the importance of recognising situations where they need to make positive choices in order to do the right thing. They explore how to avoid being led into tricky situations and how to recognise and respond to peer pressure. They will also look at how to be confident and how to manage uncomfortable feelings. The unit ends by helping the children to investigate how to make things right when they make a mistake.</p> <p>Growing Up The children build on their existing knowledge of how we grow and change, both physically and emotionally and the types of relationships that people have. They learn about sexual relationships and sexually transmitted diseases. They will also learn about positive body images and stereotypes.</p>	<p>Who's your Mummy</p> <p>Money matters The children think about how money is used in the wider world. They discuss the possible consequences of taking financial risks and identify ways to avoid these. Children also learn about influences advertisers try to use to encourage us to spend our money and how to see the real value of products by being critical consumers. Having learned about ways we can spend money, children will also learn about budgeting and discuss what happens if people cannot afford what they need to buy. Through this unit of learning, children will also have the opportunity to discuss how our earning and spending can contribute to society through the payment of tax.</p> <p>VIPs This unit focuses on relationships. Children will identify who their VIPs are within their families and friendship groups and how important kindness and respect are within these relationships. Learning addresses conflicts and resolutions in relationships. The children will also look at secrets and dares as well as healthy and unhealthy relationships.</p>
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