



COVID-19 (coronavirus) absence: a quick guide for parents/carers

A household includes everyone living in one home plus their support bubble (if you have one)

Symptoms include at least one of the following: high temperature; a new continuous cough; a loss or change to your sense of taste or smell.

See more at <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

What to do if...	Action needed	Back to school...
...my child has COVID-19 (coronavirus) symptoms	<ul style="list-style-type: none"> • Child must not attend school • Child should get a test • Whole household self-isolates while waiting for test results • Inform school immediately about test results 	... when child's test comes back negative
...my child tests positive for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child must not attend school • Child self-isolates for at least 10 days from when symptoms started (or from day of test if no symptoms) • Inform school immediately about test results • <u>Whole household self-isolates</u> for 14 days from day when symptoms started (or from day of test if no symptoms) - even if someone tests negative during those 14 days. 	<p>...at the end of the 10 day self-isolation period and has been without fever for 48 hours.</p> <p>They can return to school after 10 days even if they have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.</p>
...somebody in my household has COVID-19 (coronavirus) symptoms	<ul style="list-style-type: none"> • Child must not attend school • Household member with symptoms should get a test • Whole household self-isolates while waiting for test result. • Inform school immediately about test results 	...if household member tests negative and child does not have COVID-19 symptoms
...somebody in my household has tested positive for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child must not attend school • <u>Whole household self-isolates</u> for 14 days from day when symptoms started (or from day of test if no symptoms) - even if someone tests negative during those 14 days 	...when child has completed 14 days of self-isolation, even if they test negative during those 14 days

<p>...NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms or confirmed COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child must not attend school • Child self-isolates for 14 days (as advised by NHS Test and Trace) - even if they test negative during those 14 days • Rest of household does not need to self-isolate, unless they have also been identified as a 'close contact' of someone with a positive result 	<p>...when the child has completed 14 days of self-isolation, even if they test negative during those 14 days</p>
<p>...we/my child has travelled and has to self-isolate as part of a period of quarantine <i>Full list of affected countries can be found at:</i> https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors</p>	<ul style="list-style-type: none"> • Do not take unauthorised leave in term time • Consider quarantine requirements and FCO advice when booking travel • Provide information to school as per school policy <p><i>Returning from a destination where quarantine is needed:</i></p> <ul style="list-style-type: none"> • Child must not attend school • Whole household self-isolates for 14 days - even if they test negative during those 14 days 	<p>...when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days</p>
<p>...we have received advice from a medical/official source that my child must resume shielding</p>	<ul style="list-style-type: none"> • Child should not attend school • Contact school and share medical/official advice • Child should shield until you are informed that restrictions are lifted and shielding is paused again 	<p>...when school/other agencies inform you that restrictions have been lifted and your child can return to school again</p>
<p>...I am not sure who should get a test for COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Only people with symptoms need to get a test • People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive 	<p>...when conditions above, as matching your situation, are met</p>