

# Gnosall St Lawrence Primary Academy Autumn Menu 2021

## Week 1

Date: 06/09/21, 27/09/21, 18/10/21.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY  
Roast Day

FRIDAY  
Chip Day

MAINS 1

Crispy Chicken

Pork Sausages

Meatballs in a Rustic  
Tomato Sauce

Roast beef

Fish Fingers  
or  
Fish In Batter  
with  
Lemon

MAINS 2

Cheese and Bean Wraps

Macaroni  
Cheese

Creamy Tomato Pasta  
Bake

Quorn  
Sausage

Vegetable  
Burger

VEGGIES

Potato Wedges  
Baked Beans  
Sweetcorn

Mashed potatoes  
Mixed Vegetables

Peas and carrots

Creamed / Roast Potatoes  
Carrot Batons  
Broccoli  
Cauliflower

Chipped Potatoes  
Mushy/Garden Peas  
Baked Beans

LIGHT BITE

Assorted Filled Jacket Potatoes  
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Assorted Filled Sandwiches

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Assorted Filled Sandwiches

Assorted Filled Jacket  
Potatoes  
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Assorted Filled  
Sandwiches

Assorted Filled Jacket  
Potatoes  
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Assorted Filled  
Sandwiches

Assorted Filled Jacket  
Potatoes  
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Assorted Filled  
Sandwiches

DESSERT

Oat Cookies

Sponge  
&  
Custard

Chocolate Krispie Cakes

Blackberry and Apple  
Crumble  
&  
Custard

Shortbread biscuits

DAILY

Self Serve Salad Bar, Yoghurts, Cheese & Crackers ,  
Tray Bakes and Fruit Pots  
Semi-Skimmed Milk

cmc   
the team behind you

# Gnosall St Lawrence Primary Academy Autumn Menu 2021 Week 2

Date: 13/09/21, 04/10/21,

MONDAY

TUESDAY

WEDNESDAY

THURSDAY  
Roast Day

FRIDAY  
Chip Day

MAINS 1

Loaded  
Beefburger

All Day Breakfast

Beef Bolognese

Roast Turkey  
&  
Stuffing

Margarita Pizza

MAINS 2

Vegetable  
Sausage roll

Quorn Sausage

Vegetable Pasta Bake

Quorn  
Cottage pie

Vegetable Nuggets

VEGGIES

Herby Diced Potatoes  
Baked Beans  
Garden Peas

Hash Browns  
Baked beans  
Tomatoes  
Mushrooms

Garlic Bread  
Carrots  
Peas

Roast & Creamed  
Potatoes  
Carrots  
Cabbage

Chipped Potatoes  
Baked Beans  
Sweetcorn

LIGHT BITE

Assorted Filled Jacket  
Potatoes  
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Assorted Filled  
Sandwiches

Assorted Filled Jacket  
Potatoes  
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Assorted Filled  
Sandwiches

Assorted Filled Jacket  
Potatoes  
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Assorted Filled  
Sandwiches

Assorted Filled Jacket  
Potatoes  
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Assorted Filled  
Sandwiches

Assorted Filled Jacket  
Potatoes  
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Assorted Filled  
Sandwiches

DESSERT

Apple Pie  
&  
Custard

Chocolate  
Sponge  
&  
Custard

Syrup Sponge  
&  
Custard

Rice  
Pudding

Assorted Fruit Jelly &  
Mousses

DAILY

Self Serve Salad Bar, Yoghurts, Cheese & Crackers,  
Tray Bakes and Fruit Pots  
Semi-Skimmed Milk



# Gnosall St Lawrence Primary Academy Autumn Menu 2021

## Week 3

Date: 20/09/21, 11/10/21,

MONDAY

TUESDAY

WEDNESDAY

THURSDAY  
Roast Day

FRIDAY  
Chip Day

### MAINS 1

Pulled Pork Baps

Beef Pie

Chicken Curry

Baked Gammon

Fish Fingers / Salmon  
Fishcake / Fish In Batter  
with  
Lemon

### MAINS 2

Cheese  
Whirls

Cheese & Onion Flan

Cheese and Potato  
Pie

Assorted Filled Omelettes

Vegetable  
Fingers

### VEGGIES

Potato Wedges  
Garden Peas  
Sweetcorn

Mashed Potatoes  
Mixed Vegetables

Rice  
Naan Bread  
Garden Peas  
Carrots

Fondant & Creamed  
Potatoes  
Broccoli / Cauliflower  
Baby Carrots

Chipped Potatoes  
Mushy/Garden Peas  
Baked Beans

### LIGHT BITE

Assorted Filled Jacket  
Potatoes  
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Assorted Filled Jacket  
Potatoes  
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Assorted Filled Jacket  
Potatoes  
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Assorted Filled Jacket  
Potatoes  
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Assorted Filled Jacket  
Potatoes  
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Assorted Filled  
Sandwiches

Assorted Filled  
Sandwiches

Assorted Filled  
Sandwiches

Assorted Filled  
Sandwiches

Assorted Filled  
Sandwiches

### DESSERT

Blueberry Muffins

Ginger Cake  
&  
Custard

Vanilla  
Tophat

Orange Cake  
&  
Custard

Arctic Roll

### DAILY

Self Serve Salad Bar, Yoghurts, Cheese & Crackers,  
Tray Bakes and Fruit Pots  
Semi-Skimmed Milk

