Week 1 31/10. 21/11. 12/12. 16/01.06/02.06/03. 97/03

Gnosall St. Lawrence

Menu

Tuesday

Chicken Pie

V Cheese Omelette

Mashed Potatoes, Mixed Vegetables

Assorted Filled Jacket Potatoes Assorted Filled Sandwiches

Iced Sponge

Monday

Crispy Chicken

Vegan Sausage Roll

Potato Wedges, Baked Beans, Sweetcorn

Assorted Filled Jacket Potatoes Assorted Filled Sandwiches

Chocolate Orange Muffins



Meatballs in Rustic Tomato Sauce with Pasta

Tomato & Basil Pasta

Peas, Carrots

Apple Crumble & Custard

Assorted Filled Jacket Potatoes Assorted Filled Sandwiches



Day Thursday

Roast

Roost Pork

V Roast Quorn Fillet

Creamed & Roast Potatoes, Broccoli, Cauliflower

Assorted Filled Jacket Potatoes **Assorted Filled Sandwiches**

Steamed Sponge

DAILY

Self Serve Salad Bar Yoghurts Cheese & Crackers Tray Bakes Fruit Pots Semi-Skimmed Milk



Chip Day

Fish Fingers or Fish In Batter with Lemon

V Veg Samosa

Chipped Potatoes, Mushy or Garden Peas, Baked Beans

Assorted Filled Jacket Potatoes Assorted Filled Sandwiches

Bakewell Tart

Week 2 07/11.28/11.02/01. 23/01.13/02.13/03

Gnosall St. Lawrence

Menu

Tuesday

Sausage

V Vegetable Pasta Bake

Mashed Potatoes & Mixed Vegetables

Assorted Filled Jacket Potatoes Assorted Filled Sondwiches

St. Clement's Cookie

Monday

Pizza

Cheese & Onion Flan

Potato Wedges, Baked Beans, Garden Peas

Assorted Filled Jacket Potatoes Assorted Filled Sandwiches

Assorted Cookies

Wednesday

Sweet & Sour Chicken

Vegetable Curry

Rice & Naan Bread

Assorted Filled Jacket Potatoes Assorted Filled Sandwiches

Chocolate Shortbread & Custard

Thursday

Roast Turkey & Stuffing

Quorn Sausage

Roast & Creamed Potatoes, Carrots, Cabbage

Assorted Filled Jacket Potatoes Assorted Filled Sandwiches

Rice Pudding

DAILY

Self Serve Salad Bar Yoghurts Cheese & Crackers Tray Bakes Fruit Pots Semi-Skimmed Milk

Chip Day

Friday

Fish

V Vegetable Nuggets

Chipped Potatoes, Baked Beans, Sweetcorn

Assorted Filled Jacket Potatoes Assorted Filled Sandwiches

Mousse





Week 3 14/11, 05/12, 09/01, 30/01, 27/02, 20/03

Gnosall St. Lawrence

Menu

Tuesday

All Day Breakfast

V Quorn Sausage

Hash Browns, Baked Beans, Mushrooms, Tomotoes

Assorted Filled Jacket Potatoes Assorted Filled Sandwiches

Sponge & Custard

Monday

Naan Bread Pizza

Veg Fingers

Potato Wedges, Garden Peas, Sweetcorn

Assorted Filled Jacket Potatoes Assorted Filled Sandwiches

Lemon Drizzle Coke





Roast Day

Thursday

Baked Gammon

V Cottage Pie

Fondant & Creamed Potatoes, Broccoli/Cauliflower, Baby Carrots

Assorted Filled Jacket Potatoes Assorted Filled Sandwiches

Chocolate Brownie & Custard

Wednesday

Beef Bolognese

V Mac & Cheese

Pasta & Garlic Bread

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Cornflake Tart

DAILY

Self Serve Salad Bar Yoghurts Cheese & Crackers Tray Bakes Fruit Pots Semi-Skimmed Milk



Friday

Sausage Roll

V Veggie Dippers

Chipped Potatoes, Mushy/Garden Peas, Baked Beans

> Assorted Filled Jacket Potatoes Assorted Filled Sandwiches

> > **Chocolate Shortbread**

