

Week 1

04/09, 25/09, 16/10.

Gnosall St. Lawrence Menu

Monday

Beef Burger in a Bun

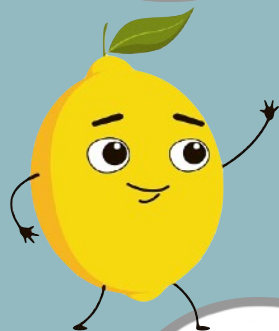


Cheese & Bean Wrap

Potato Wedges, Baked Beans, Peas

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Blueberry Muffins



Roast
Day

Thursday

Roast Gammon



Cheese Quiche

Creamed & Roast Potatoes, Carrots & Cabbage

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Shortbread

Tuesday

Oven Baked Sausage
GF Sausage



Quorn Sausage

Mashed Potatoes, Mixed Vegetables

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Chocolate Krispie Cake



Chip Day

Wednesday

Pasta Bolognese with Garlic Bread



Macaroni Cheese

Peas, Carrots

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Sponge Cake

DAILY

Fresh Fruit, Yoghurts

Cheese & Crackers

Tray Bakes

Semi-Skimmed Milk

Allergen information may be
obtained verbally by
contacting the Catering
Manager on Tel:01785 822391

Friday

Pizza

GF Fish



Vegetarian Roll

Chipped Potatoes, Baked Beans, Sweetcorn

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Arctic Roll

Week 2

11/09, 02/10, 23/10

Gnosall St. Lawrence Menu

Monday

Sausage Roll
GF Sausage

✓ Quorn Dippers

Potato Wedges, Peas & Sweetcorn

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Assorted Cookies

Tuesday

Minced Beef & Veg Pie

✓ Cheese Omelette

Mashed Potatoes & Mixed Vegetables

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Flapjack

Wednesday

Chicken Curry with Rice

✓ Pasta with Tomato & Basil

Peas, Carrots

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Chocolate Iced Sponge

Thursday

Roast Pork

✓ Quorn Fillet

Roast & Creamed Potatoes, Carrots, Cauliflower
& Broccoli

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Eve's Pudding

Roast
Day

Chip Day

Friday

Fish Fingers or Battered Fish

✓ Vegetable Fingers

Chipped Potatoes, Baked Beans, Peas

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Jelly/Ice Cream

DAILY

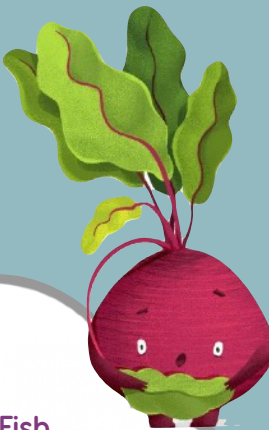
Fresh Fruit, Yoghurts

Cheese & Crackers

Tray Bakes

Semi-Skimmed Milk

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Week 3

18/09, 09/10

Gnosall St. Lawrence Menu

Monday

Pizza
DF & GF Chicken Goujons

✓ Quorn Burger

Potato Wedges, Baked Beans, Peas

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Vanilla Tophat

Tuesday

All Day Breakfast

✓ Quorn Sausage

Hash Browns, Baked Beans, Mushrooms,
Tomatoes

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Sponge & Custard

Wednesday

Meatballs in Tomato Sauce with Pasta

✓ Quorn Meatballs

Peas, Carrots

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Iced Lemon Sponge

Thursday

Roast Turkey

✓ Quorn Cottage Pie

Creamed & Roast Potatoes,
Carrots, Cabbage

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Fruit Crumble

Roast
Day

Friday

Fish Fillet
GF Fish

✓ Veggie Samosa

Chipped Potatoes, Peas, Baked Beans

Assorted Filled Jacket Potatoes
Assorted Filled Sandwiches

Raspberry Mousse

DAILY

Fresh Fruit, Yoghurts

Cheese & Crackers

Tray Bakes

Semi-Skimmed Milk

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